NOOR TIMES

NOOR ALHODA TAZKIYEH HIGHSCHOOL 1

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Human actions and social situations have a deep relation with language. Language produces meaningful communication. It is through language that we can export religion and culture. It is through language that we can open up the world, learn and teach.

Dear girls,

Learning a language is not just about memorizing vocabulary; rather, it is a bridge to a world of opportunities, exploring the unknown and connecting with people around the world.

Language is a tool that brings you closer to your dreams and empowers you to tell your life story with a captivating voice. Every word you learn, every sentence you write, and every conversation you have is a step toward growth and prosperity. If you continue today with effort and motivation, tomorrow you will build a world in which no boundaries exist for your aspirations.

Remember, in the path of language learning, no mistake is a failure; rather, it is an opportunity to learn and progress. Be courageous, strive tirelessly, and be confident that a bright future awaits you.

With hopes of even greater success for you,

Principal of Noor Al-Huda Girls' High School
Mrs. Rezaei

"I SAW NOTHING BUT BEAUTY"

Hazrat Zainab

السَّلامُ عَلَى الْحَوْرَاءِ زَيْنَبَ
وَرَحْمَةُ اللهِ وَبَرَكاتُهُ

YOUR DAY AS A SUPERHEROINE

Noor Times

If I had a superpower .I would finish the war.

Sara Taeb

Fatemeh Mobasher Kashani

If I were a hero, I would like to have the power of mind reading to be able to read other people's minds and help them. Another power I would like is to teleport. If I could teleport, I would help everyone. I wanted to change the type of choices I made. In my opinion, learning a language is an opportunity to communicate with other people, and by using the language, we might even convert one person to Islam.

Helma Afsharnouri

I'd like to save the world from pollution , because too much pollution leads to the spread of the environment and the spread of new and dangerous diseases . Most people think they`re protecting the environment , but in reality they`re harming the environment .

Zahra Karami

_I pursue all my interests. I tidy my room. I help everyone to be happier. I listen to podcasts. And I do a regular routine during the day. Maybe that's how I'm a hero.

If I were a heroine for one day, I would make all people happy and smile. If I had the power, I would cure all the sick so that they could smile. I wanted to make all the people of world happy. But most importantly I care about the people and the children of Palestine and Lebanon. My goal is the happiness of the world.

Sara Farahani

I like to be able to read people's minds because you can understand what people think about the subject. I know this part is very hard but you can understand some things and that's cool. Of course you can learn about some things and you may become smarter. For example I can understand what you thin

Sahba Asgari

Sara Taheri Behrouz

If I could be a superheroine, I will change lots of things. At first the school will be every other day not everyday! Then I have to omit the teachers that I don't like. Then I want to have my lovely teacher's phone number and know about their personal life and if they were ever silly, kind, jealous, etc. and know about their location, family, age, birthday, university, entrance exam rank and so on.

and know about their location, family, age, birthday, university, entrance exam rank and so on. I would cure all our sicknesses in a way that we don't need any doctors. I would also repeat many memorable moments of my life for example I want to be 2 years old again. I want to have lots of money that is never finished and do some shopping with it. I want to have a big car of chocolate that when I'm hungry I eat it and I never get fat.

with that car I can fly and there is no traffic. I would like to go to another planet and visit them. I like to travel all around the world, eat each country's special food, buy some glamorous dresses and clothes, go to historical places. I don't like anyone become old because you can't do anything.

And also I'd like to jump on clouds and sleep on the moon I will change the best feelings to love, being angry to happiness and sadness to a beautiful smile.

Mahla Sadat Tabatabaei

If I were a superhero for a day, I'd help people solve their problems. I'd make sure everyone is safe All in one perfect day for Super Mahla

Rosa Lavasani

I liked helping people and being famous all over the world

Melika Mousavi

I like the power of mind reading to have. Because I'm nosy.

Zohre Kolahdooz

f I were a super hero, for example I would try to come back in time and fix my points, get invisible and see the exam paper before the exams and I just practice what comes in the exam. I will change my points. If I were a super hero, I could make longer breaks and free food in schools. And I could come back in time to stop the wars. If I was a super hero I could try to help people . If I had super powers, I could wish to whatever we eat, don't get fat

1

Leili Ranjkesh

I always wanted to be a hero because I think that heroes can do anything. If I were a hero , I would eliminate one thing in the world , that would be illness. The second one is the teachers who humiliate me , because I think these two things are really bad

Mahsa Abbaspour

If one day I became a heroine, I would not intend to save the world and maybe I would destroy it. Because I do not like it very much and that's who I became a special heroine. Since al heroes save the world , I would be different in this case . Maybe they call this a villain , but I call it a villain heroine

My goal is the happiness of the world.

. Well I'm going to be a heroine. The first thing I do is help others because now I have a lot of power. If I have the power of speed I will do all of my tasks, especially my homework quickly. I will do all the activities that I cannot do normally such as flying, the power of mind reading, etc. or if I could I would fulfill my own and others' wishes and if I had the power to travel in time, I would travel to future and the past and prepare everything according to my wishes

Niayesh Kavand

When I imagine myself as a hero, I have changes in my daily routine, I had less time to rest, I helped people most of the day, and most people liked me and sometimes gave me gifts to thank me, and English language gave me the ability to help people from other countries and talk to them

Fatemeh Marvi

Fatemeh Varahram

Hi, I am here to talk and share my opinion about what it is like to be a hero or a heroin. At first, when you find out and realize that you have these powers you'll be so excited and happy but if you think about it it is a really big responsibility. Many people might judge you when you are a hero or a heroine, and it would be so hard for you to find the correct ways to protect others. Sometimes your power might harm yourself or your relatives. For example in Marvel movies or Spiderman, we all saw that all of Spiderman lost one of the important people in their lives. You'll have so many confinements. For example, you should hide the truth from your friends and family and sometimes you can go to parties or events because you should fight for justice. Learning to work with your power is really hard because when you figure out your powers you'll be alone. No one is there to teach you. No one is there to tell you the next steps. If someone asks me whether I like to be a super heroine or not my answer will be no. How about you? Would you like to be a super hero or maybe a villan? Or a normal person?
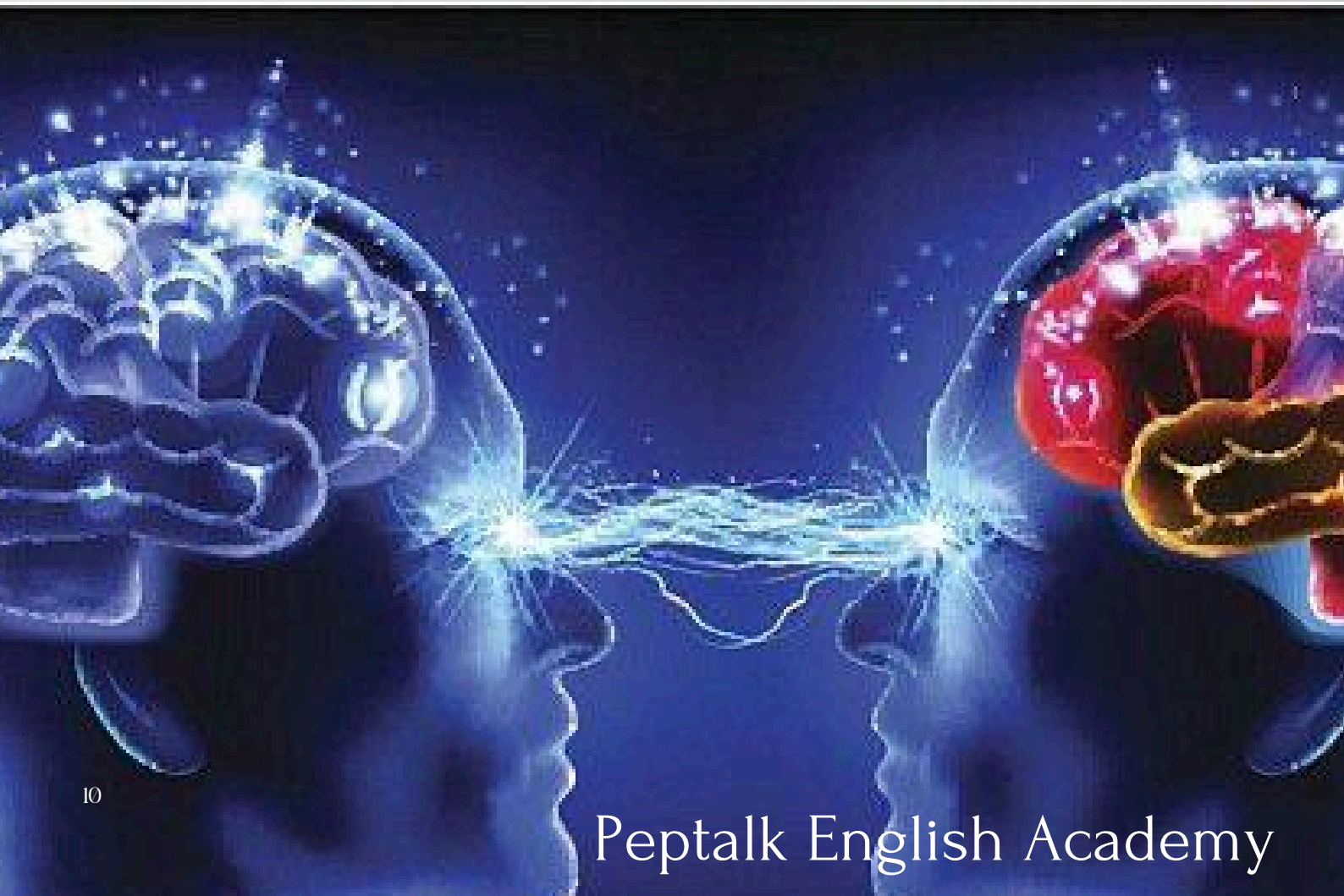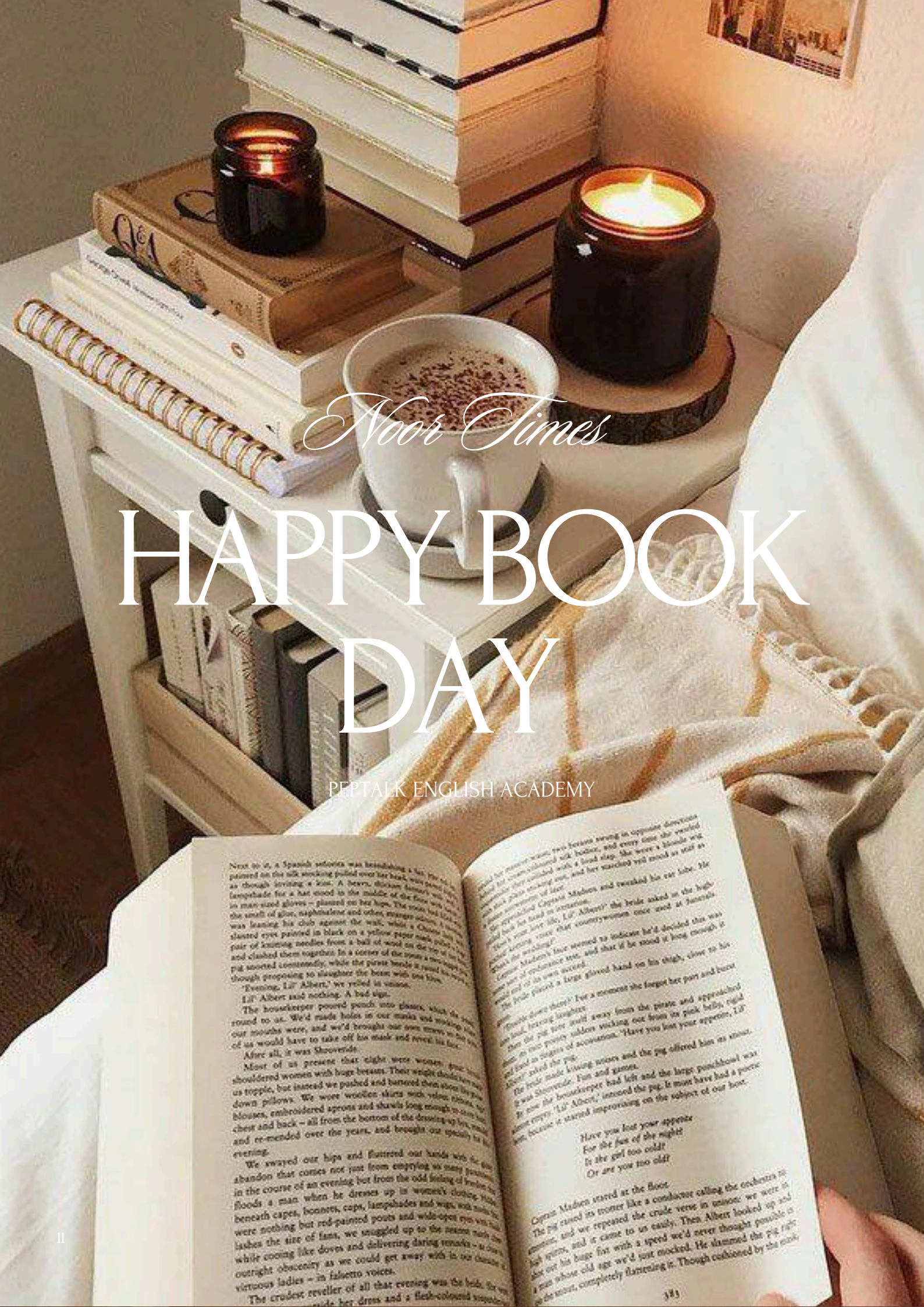
Fatemeh Asemi

I open my eyes and then I see a chandelier hanging from the ceiling that has lots of lamps. then I put on my sandals that are made of Gold. I wear my cloak and after that, I eat 10 eggs. Then I go out and fight with bad people because I want to save the lives of people as much as I can. After that I go back to my skyscraper and take a rest until night when the sky gets dark I grab some food, some money, and many toys and go to find the poor who need money, food, etc. Let's say they need to get kind behavior. I'm happy to help my country.

Fatemeh Salariyan

Today,I woke up feeling different. Instead of following the rules, I decided to be an anti-hero. As I walked through the city, I noticed people Struggling. I didn't try to save everyone instead I helped those I thought really needed it. I rescued a Stray dog and stood up to a buly on the street. my actions were a bit rebellious, but they felt right

Noor Times

HAPPY BOOK DAY

PEPTALK ENGLISH ACADEMY

Students' Daily Routine

Noor Times

Peptalk English Academy

"Our greatest glory is not in never falling, but in rising every time we fall"

Fatemeh Hossein Ahmady

My name is Fatemeh. My routine is to go to school and back to home. But most of my time is spent after school to study and write and in this way, there is no life left for me. What kind of life is it I protest. And I want to say goodbye to this life. Of course, that's all it is until after university and even the university has its misfortunes and life is full of misfortunes and these misfortunes and these misfortunes continue, you have to adapt to them.

Seyedeh Maedeh Hossein

I wake up at 6 a.m. and go to school after getting dressed. I study at school until 4 o'clock in the afternoon. I go home and rest until 5 o'clock in the afternoon. After that, I go to the library and do my homework and study there.

Masoumeh Ghamari

I wake up and wash my hand and face and brush my teeth. I brush my hair and eat breakfast and study for my exams. I get along with my friends and then praying. After I help to my mother, studying and having dinner. I brushing my teeth again and go to bed and chat with my friends and sleep.

Zeinab Makki

I am Zeinab. I wake up at 6 in the morning. I make coffee, put on my school uniform and go to school. Then I have a snack at school. I eat lunch at 12, and after returning from school, I take a shower and rest, and do my homework. Everyday the day is like this.

> "It takes courage to grow up and become who you really are."

Kimia Harirchian

In the weekend in six days I go to school and after school I do my homework. In the last week I did my homework. I visit my grandma and grandpa and I usually go to party.

Zahra mojtahed

My daily routine in summer:
I wake up early in the morning and go for a walk after returning home. I will take some rest and then I have breakfast with my family. After breakfast I go to our classes and after finishing the class we come home and have lunch. And then spend the day with my family

NazaninZahra Nafisi Rad

I wake up at 6 a.m. then I eat breakfast and I go to school. I back home at 16:00. I sleep until 5 and then I study for 3 hours. Then i watch movies. Then i take shower and rest. then i eat dinner and then spend my time with my family.

Reyhaneh Mirmohamadi

 I wake up at 10 a.m. and I wash my hands and face and eat breakfast. I will check my phone by 11 oclock. After that I solve my homework. Then I have lunch and go out for fun.

"Magic is believing in yourself. If you can do that, you can make anything happen"

Nazanin Zahra Motiee

I wake up at 5 a.m. every day. I take a bath and eat breakfast. I drink bitter coffee, and read the lesson of the day. If it is Thursday, I will go to the pool and swim. On normal days, I walk to school and I return home at 4 o'clock. I change my clothes and have lunch. I sleep a little. When I wake up, I study and do my homework. Then I read a book and watch a movie and finally I sleep.

Najmeh HamidanPour

I wake up every day at 6, and after washing my hands and face, I put on my clothes, prepare my bag, take my food and go to school. Then I go home, take off my clothes and eat lunch. Then I watch movie and then watch a movie for 60 minutes and then study and sleep.

Zahra abdian

I start with wash my face. Next one I make my breakfast with egg and olive oil with some and pepper and then I eat. And when I end I go to do my homework and study for Saturday exam. I am usually careful but sometimes I forgot important things for example my homework and... I like painting, so in my time table I spend time for this.

Seyedeh Dina Madani

I wake up at 5:45 and eat breakfast then I go to school. I study in school and back home at 4:30. Then I go to taekwondo class. Then I back home I and start studying. After I finish my lessons I watch my favorite series and films. Then I play with my phone and read book. Then I brush my teeth and sleep.

Zeinab sadat kazemi

Everyday I wake up at 6:05 a.m. and I wear my uniform and go to school and after that I come back to home. After 45 minutes. My rests included these things: watching TV, playing with mobile and homework and read my lessons. Then watching TV with my family and eat dinner. At the end of the day, I go to bed, read a book and then sleep.

Eftekhar Azizi

I get up and have breakfast in the kitchen. my breakfast is tea and sugar. then I go to school at 7:00. It finishes at 3:30and get back home. with my mother. After school we drink coffee and cake and ice cream. I make noodles on Tuesdays and do my homework and watch a movie at 8:00. Then I exercise and eat dinner.

Ghazaleh Kazemzadeh

My daily routine is like this:
I will get ready in the morning, after waking up I go to school. After school i study and do my homework. I take a shower and eat food. I pray and then go to bed. I almost sleep at 10 oclock at night.

Happy Students Day

Peptalk English Academy

Zeinab Mizban

This is my routine. I get up at 6 every day. I wash my face and brush my teeth. I get dressed and eat breakfast with my family. I drink a glass of milk with cake. I don't like to eat cheese or jam. I go to school at 7.I go to school by car

.I study my lessons and play with my friends. I come back home at 3:30.I eat my lunch and watch Tv. I have music class on Saturdays. I go to the gym on Sundays and Tuesdays. I study my lessons in the evenings. I visit my relatives on the weekends. On Fridays I go shopping with my parents.

Zahra Motiean Najar

i get up, go to school, get back home. Then eat lunch. After that I do my homework, watch TV, have dinner and go to bed.

Reyhaneh Sadat Hasheminia

I wake up very early in the morning I brush my teeth and wash my face I change my clothes then I eat breakfast with my family I go to school at 7:00 in the morning we study at school it's lunch and have fun I will return home in the afternoon then I take it bath then I write homework I study I have dinner with my parents at 8:00 p.m. after that I spend my free time alone with myself and rest I sleep at 11:00 p.m.

Fatemeh Tasnim Sekhavat

I get up at 6 o'clock every day. My sister and I and my friend go to the school. We are in the school until 15:30

Reyhaneh Torkaman

Everyday I wake up at 7 a.m. I brush my teeth and wash my face after that. I have breakfast at 8 a.m. I go to school. My classes start at 8:30 to 12. and then we have lunch. School ends at 3 when I get home I do my homework I like to books and at 9 I go to bed.

Sana Shekarchian

I get up in the morning And then I turn off clock And wash my face
I comb my hair
And eat breakfast
Going to school
Back from school
I Eat dinner
I watch tv And sleep

Zoha Ghasemi

I eat breakfast and then go to school. After school, I get home at 4 o'clock and l do homework until 7 o'clock. Then I sleep until I wake up at 5 o'clock.

What to change in
My Daily Routine

Helma Afsharnouri

If I could , I remove learning social studies from my daily routine because I`m not into social studies , but it`s confusing and difficult for me so I have to study for the exam .

Asra Shahriyari

I was not going to school in the morning I go school in the afternoon and after school I go to cinema and watching the movie and then I go home and do my homework then I go to school and sleep

Setayesh Nikkhah

.I want to change watching TV with sleeping.

Niayesh Kavand

I like to change my school times, studying hours and entertainment, eating and sleeping time. I would spend less time on school and doing my homework and spend more time on having fun and sleeping. At least enough time to get all my work done.

Rosa Lavasani

I like to have a lot of free time to do the things I like, for example, reading my favorite book, playing ps4,going to my friend's house, watching fictional movies and many other thingsI love.
I love traveling. If I could make a new plan every day, I would always add traveling first. I would like to go to different sights of Iran. And another thing I would definitely change is to spend a lot of time playing sports, one of which is definitely basketball. These are all fake and cannot be believed these are not the purpose of our lives, so it is better to spend our time on more important things.

Nazanin Zahra Babazade

I wouldn't go to school. I would go home and sleep.

Reyhaneh Torkaman

Everyday I wake up at 7 a.m. I brush my teeth and wash my face after that. I have breakfast at 8 a.m. I go to school. My classes start at 8:30 to 12. and then we have lunch. School ends at 3. when I get home I do my homework I like to books and at 9 I go to bed.

"To have another language is to possess a second soul"

Sana Kahnamaoie

The most important thing in everyone's life is "time". This date that you are living will never repeat itself, this is a rule of the life , so we have to know the value of the time and we must try to make the best use of our opportunities. We need changes in our daily routine , for example waking up early in the morning can increase our energy during the day. Also having a plan to do everyday can save our time and organize the mind. The best work that I always want to change in my daily routine is exercising regularly that can increase hope and energy . As a result , correct and important changes in habits can make us one step closer to our succes

Zahra Karami

I like my work to take less time. Because I might be running out of time. Therefore, I will have a better and more regular routine. Also, I would like to focus more on my interests
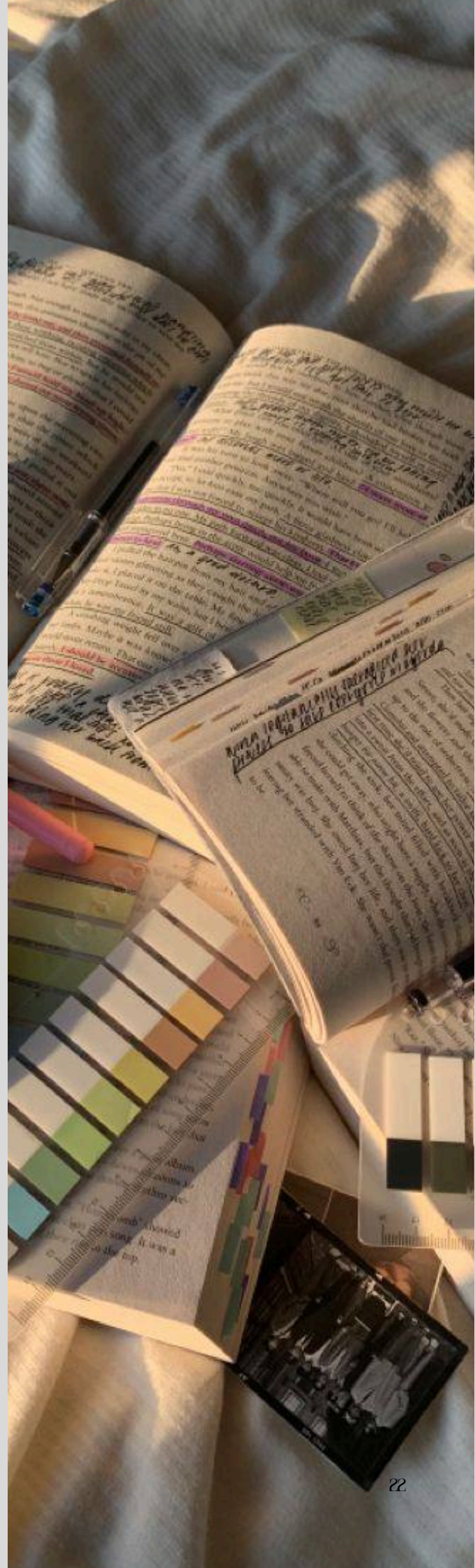
How can learning English change
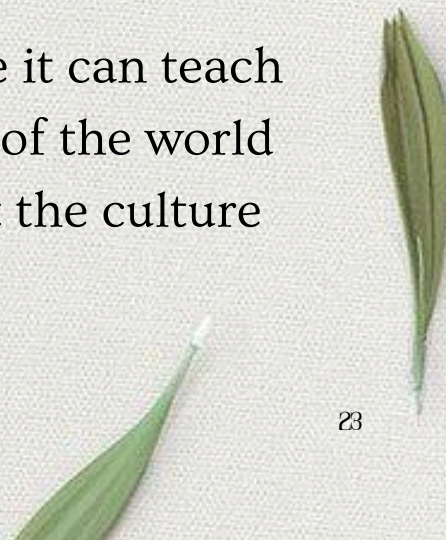## OUR PERSPECTIVE TOWARDS LIFE?

Sana Bahador

We live in the age of internet. Much information is in the English language. So it is too clear that learning English is necessary and it can affect on our life greatly including:
1. We can communicate with people of different countries , so this communicate can change our perspective.
2. Many references in different subjects are in English.
3. I can share my beliefs to the world clearly and fluently.
So learning English is very important and affect on our life.

Sana Abbasinia

I think learning a language is a way to win in life it can teach us new things and help us live in different parts of the world and also learning English is a way to learn about the culture of other places.

Dina Fathi

In my opinion learn the English in my life its one of
the best skills
Because:
1_in education:
The best books and scientific means are written to
English language
2_worldly communication:
Find of the new friend with different race and
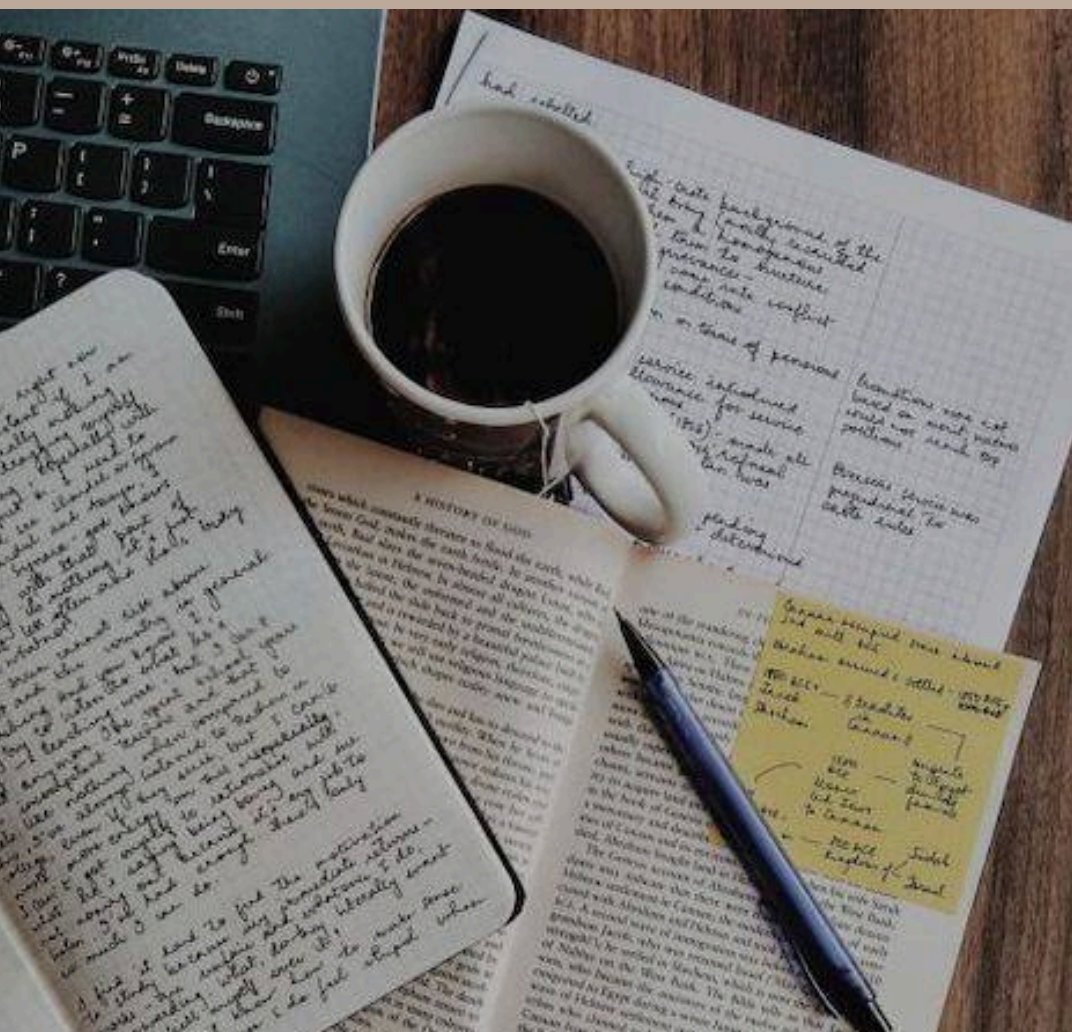culture
3_various hobbies:
Are best films and best mental games in English
language

Zahra Karami

By learning English in the future, we will be able to communicate with people from different countries, and this issue will also play a role in continuing education, as well as adding to our knowledge

Not all those who wander are lost.

Niayesh Kavand

Well English language can introduce me to a lot of foreign and useful words that I can use during the day to do my work. Also, I think learning English is a useful skill for everyone because we need to use this language for our daily conversations and also it makes it easier for us to do many things. In many countries, we can communicate with others with the help of this language

Helma Afsharnouri

I`m not sure but from my point of view that if we learn English and cope with its difficulties , we can cope with the difficulties of life

If you talk to a man in a language he understands, that goes to his head. If you talk to him in his own language, that goes to his heart.

Hosna Mirzamani

Learning English can significantly change the way you see the world.Here are a few ways it can impact your life:

•CULTURAL AWARENESS

English is a global language spoken in many countries. By learning it, you gain access to diverse cultures and traditions. This exposure can foster greater understanding of people from different backgrounds.

• OPPORTUNITIES

Proficiency in English can open up numerous opportunities in education, career, and travel. It allows you to connect with a wider network of people, access a vast amount of information

•CONFIDENCE AND INDEPENDENCE

Mastering a new language can boots your confidence and sense of achievement.it empowers you to navigate new environments independently, whether you're traveling,studying abroad or working in an international setting.

•PERSONAL GROWTH

Engaging with English literature, films and media can enrich Ayour's personal life. It provides new perspectives, inspires creativity and helps you develop a more nuanced understanding of the world

•In conclusion, learning English isn't just about acquiring a new skill; it's about expanding your worldwide, embracing new opportunities and growing personally and professionally.